



Good Health Saunas



# V.O.C. AIR QUALITY REPORT

April 15th, 2022



11611 W. North Ave, Suite 203  
Wauwatosa, WI  
[www.iaqdiagnostics.com](http://www.iaqdiagnostics.com)



**GALSON**

6601 Kirkville Road  
East Syracuse, NY  
[www.sgsgalson.com](http://www.sgsgalson.com)



## 2022 V.O.C. Air Quality Report for Good Health Saunas®

In response to National Marketing Inc., DBA, Good Health Saunas request, Indoor Air Quality Diagnostics, Inc. ('IAQ Diagnostics') has performed a limited indoor air quality assessment within two (2) sauna's



set up within the Good Health Saunas facilities showroom located at 2242 W Bluemound Road, in Waukesha, Wisconsin The scope of IAQ Diagnostics services was specifically limited to indoor air sampling that measures the concentrations of volatile organic compounds ('VOC's), utilizing the United States Environmental Protection Agencies ('USEPA') TO-15 list, present in the indoor air near the sampling devices placed within each sauna during the specified period of sampling.

One (1) sample was collected within each sauna (Corner Hemlock & Red Cedar) before the sauna is operated to document VOC's during ambient non-operating ('cold') conditions. One (1) sample was then collected within each sauna while the sauna is operated at 135° Fahrenheit to document the VOC during operating conditions.

One (1) sample was then collected within each sauna while the sauna is operated at 135° Fahrenheit to document the VOC during operating conditions.

One (1) sample was also collected outside of the saunas to document the general background VOC levels within the Master Spa showroom that could have an impact on the VOC levels within the saunas.

The sampling was done using a Summa canister to draw air into the canister under the influence of the canister's vacuum. This sample is a direct measure of the indoor air concentration near the sampling device

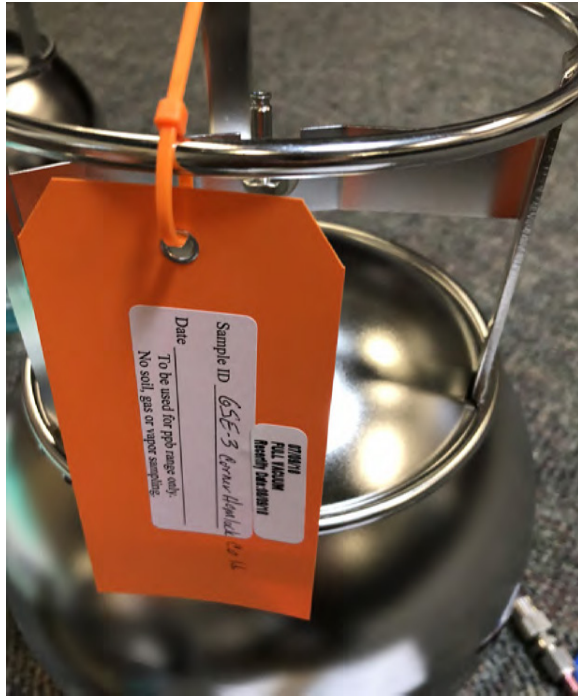
during the sampling period. Each canister was fitted with a flow controller that provides grab (short-term) sample.

The samples were sent overnight express to SGS Galson Labs, an American Industrial Hygiene Association ('AIHA') accredited laboratory, for analysis using the appropriate EPA methodology for the targeted VOC's.



## The Results

The overall results were outstanding. The data collected from within the two saunas at 135 degrees Fahrenheit, showed better air quality than within the showroom and the outside air quality sample . Our saunas maintain the highest air quality standards.



Results show that concerning compounds are virtually nonexistent in the air quality of our saunas. We set the standard for a virtually toxin free infrared sauna. We provide our customers with not only the best quality, but also the highest standards in air quality. Rest assured when you are relaxing and rejuvenating in your Good Health Sauna, you are detoxifying the body of unwanted impurities.





- Indoor Air Quality
- Mold & Allergens
- Asbestos & Lead
- Bacteria & Chemicals
- Water Loss Consulting
- Thermal Imaging
- Industrial Hygiene

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## Indoor Air Quality Diagnostics, Inc.

April 15, 2022

Good Health Saunas, National Sales Inc.  
Ryan Stearns  
2138 West Wisconsin Ave  
Appleton Wisconsin, 54914

### Limited Indoor Air Quality Assessment - VOCs (Sauna Sampling – 2242 W Bluemound Rd, Waukesha, WI)

Mr. Stearns,

In response to Good Health Saunas, National Sales Inc. ('CLIENT') request, Indoor Air Quality Diagnostics, Inc. ('IAQ Diagnostics') has performed a limited indoor air quality assessment within two (2) saunas set up within the Master Spa facilities showroom located at 2242 W Bluemound Road, in Waukesha, Wisconsin ('SITE')

The scope of IAQ Diagnostics services was specifically limited to indoor air sampling that measures the concentrations of volatile organic compounds ('VOC's'), utilizing the United States Environmental Protection Agency ('USEPA') TO-15 list, present in the indoor air near the sampling devices placed within each sauna during the specified period of sampling.

One (1) sample was collected within each sauna (Model GSE3 "Signature" and Model GSE2 "Hybrid") before the sauna is operated to document VOC's during ambient non-operating ('cold') conditions. In the Model GSE3 one (1) sample was then collected within each sauna while the sauna is operated at 140° Fahrenheit to document the VOC during operating conditions. In the Model GSE2 one (1) sample was then collected within each sauna while the sauna is operated at 150° Fahrenheit to document the VOC during operating conditions.

One (1) sample was also collected outside of the saunas to document the general background VOC levels within the Master Spa showroom that could have an impact on the VOC levels within the saunas.

The sampling was done using a Summa canister to draw air into the canister under the influence of the canister's vacuum. This sample is a direct measure of the indoor air concentration near the sampling device during the sampling period. Each canister was fitted with a flow controller that provides grab (short-term) sample.

The samples were sent overnight express to SGS Galson Labs, an American Industrial Hygiene Association ('AIHA') accredited laboratory, for analysis using the appropriate EPA methodology for the targeted VOC's.

The sampling was performed on April 4, 2022. The results of the sampling are presented in Table 1. SGS Galson Labs report is presented as an Attachment to this letter report.

**TABLE 1.0**

Compound	Results*				
	Showroom	GSE3 (Cold)	GSE3 (140° F)	GSE2 (Cold)	GSE2 (135° F)
Acetone	30	37	37	45	41
Acetonitrile	<0.5	<0.5	<0.5	<0.5	<0.5
Acrylonitrile	<0.8	<0.8	<0.8	<0.8	<0.8
3-Chloropropene (Allyl chloride)	<0.8	<0.8	<0.8	<0.8	<0.8
Benzene	<0.8	<0.8	<0.8	<0.8	<0.8
Benzyl chloride	<0.8	<0.8	<0.8	<0.8	<0.8
Bromodichloromethane	<0.8	<0.8	<0.8	<0.8	<0.8
Bromoethane (Ethyl bromide)	<0.8	<0.8	<0.8	<0.8	<0.8
Bromoform	<0.8	<0.8	<0.8	<0.8	<0.8
Bromomethane	<0.8	<0.8	<0.8	<0.8	<0.8
1,3-Butadiene	<0.8	<0.8	<0.8	<0.8	<0.8
n-Butane	5.4	3.3	3.0	3.5	4.8
Chlorobenzene	<0.8	<0.8	<0.8	<0.8	<0.8
Chloroethane	<0.8	<0.8	<0.8	<0.8	<0.8
Chloroform	4.2	4.4	4.0	4.2	4.3
Chloromethane	<0.8	<0.8	<0.8	<0.8	<0.8
Carbon disulfide	<5.0	<5.0	<0.5	<5.0	<0.5
Carbon tetrachloride	<0.8	<0.8	<0.8	<0.8	<0.8
2-Chlorotoluene	<0.8	<0.8	<0.8	<0.8	<0.8
Cyclohexane	<0.8	<0.8	<0.8	<0.8	<0.8
Dibromochloromethane	<0.8	<0.8	<0.8	<0.8	<0.8
1,2-Dibromoethane	<0.8	<0.8	<0.8	<0.8	<0.8
1,2-Dichlorobenzene	<0.8	<0.8	<0.8	<0.8	<0.8
1,3-Dichlorobenzene	<0.8	<0.8	<0.8	<0.8	<0.8
1,4-Dichlorobenzene	<0.8	<0.8	<0.8	<0.8	<0.8
Freon 12 (Dichlorodifluoromethane)	<0.8	<0.8	<0.8	<0.8	<0.8
1,1-Dichloroethane	<0.8	<0.8	<0.8	<0.8	<0.8
1,2-Dichloroethane	<0.8	<0.8	0.9	<0.8	<0.8
1,1-Dichloroethene	<0.8	<0.8	<0.8	<0.8	<0.8
1,2-Dichloroethene (trans)	<0.8	<0.8	<0.8	<0.8	<0.8
1,2-Dichloropropane	<0.8	<0.8	<0.8	<0.8	<0.8
1,3-Dichloropropene (cis)	<0.8	<0.8	<0.8	<0.8	<0.8
1,3-Dichloropropene (trans)	<0.8	<0.8	<0.8	<0.8	<0.8
Freon 114 (1,2-Dichlorotetrafluoroethane)	<0.8	<0.8	<0.8	<0.8	<0.8
1,4-Dioxane	<0.8	<0.8	<0.8	<0.8	<0.8
Ethyl acetate	2.9	3.1	4.0	3.1	3.7
Ethylbenzene	<0.8	<0.8	<0.8	<0.8	<0.8
4-Ethyltoluene	<0.8	<0.8	<0.8	<0.8	<0.8
n-Heptane	<0.8	<0.8	<0.8	<0.8	<0.8
n-Hexane	<0.8	<0.8	<0.8	<0.8	<0.8
Isopropyl alcohol (2-Propanol)	<0.5	12	<0.5	<0.5	<0.5
Isopropylbenzene (Cumene)	<0.8	<0.8	<0.8	<0.8	<0.8
Methylene chloride	<0.8	<0.8	<0.8	<0.8	<0.8
2-Hexanone (MBK)	<0.8	<0.8	<0.8	<0.8	<0.8
2-Butanone (MEK)	3.0	3.0	3.7	3.0	4.2
4-Methyl-2-pentanone (MIBK)	<0.8	<0.8	<0.8	<0.8	<0.8
Methyl methacrylate	<0.8	<0.8	<0.8	<0.8	<0.8
Methyl-tert-butyl ether (MTBE)	<0.8	<0.8	<0.8	<0.8	<0.8
Naphthalene	<0.8	<0.8	<0.8	<0.8	<0.8
Propylene	<5.0	<5.0	<5.0	<5.0	<5.0
Styrene	1.8	1.7	2.8	1.8	2.0



Compound	Results*				
	Showroom	GSE3 (Cold)	GSE3 (140° F)	GSE2 (Cold)	GSE2 (135° F)
Tertiary butyl alcohol (TBA)	<5.0	<5.0	<5.0	<5.0	<5.0
1,1,2,2-Tetrachloroethane	<0.8	<0.8	<0.8	<0.8	<0.8
Tetrahydrofuran	14	14	14	13	17
Toluene	<0.8	0.9	1.0	<0.8	0.8
1,1,1-Trichloroethane	<0.8	<0.8	<0.8	<0.8	<0.8
1,1,2-Trichloroethane	<0.8	<0.8	<0.8	<0.8	<0.8
Freon 11 (Trichlorofluoromethane)	<0.8	<0.8	<0.8	<0.8	<0.8
Freon 113	<0.8	<0.8	<0.8	<0.8	<0.8
1,2,4-Trimethylbenzene	0.9	0.9	1.1	0.9	1.0
1,3,5-Trimethylbenzene	<0.8	<0.8	<0.8	<0.8	<0.8
2,2,4-Trimethylpentane (Isooctane)	<0.8	<0.8	<0.8	<0.8	<0.8
Vinyl acetate	<0.8	<0.8	<0.8	<0.8	<0.8
Bromoethene (Vinyl bromide)	<0.8	<0.8	<0.8	<0.8	<0.8
Vinyl chloride	<0.8	<0.8	<0.8	<0.8	<0.8
Xylene (para & meta)	<1.6	<1.6	<1.6	<1.6	<1.6
Xylene (ortho)	<0.8	<0.8	<0.8	<0.8	<0.8
Acrolein	1.1	1.2	2.0	1.7	3.4
Pentane	74	77	76	100	86
Cis-1,2, Dichloroethylene	<0.8	<0.8	<0.8	<0.8	<0.8
Nonane	<0.8	<0.8	<0.8	<0.8	<0.8
n-Propylbenzene	<0.8	<0.8	<0.8	<0.8	<0.8
Tetrachloroethylene	<0.8	<0.8	<0.8	<0.8	<0.8
Trichloroethylene	<0.8	<0.8	<0.8	<0.8	<0.8

\*Results reported in parts per billion (ppb)

Except for isopropyl alcohol in GSE3 (Cold), the results indicate the TVOC levels in each sauna were essentially equivalent to the “background” levels present within the environment the saunas were present and operating within. These levels appear normal and suggest the source of the identified VOCs present above the laboratory limit of detection are present within the environment (showroom) and are impacting the levels within each sauna.

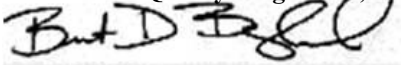
Isopropyl alcohol is commonly found in hand sanitizer and household cleaners. The use of such products by staff or other individuals observing the sampling process prior to the sampling of GSE3 (Cold) may have cause this result. It is noteworthy that the levels of isopropyl alcohol were below the laboratory limit of detection during the sampling of GSE3 (Hot).

The findings documented in this report are only valid at the time of its design. No warranty is either expressed or implied in this document.

IAQ Diagnostics may have used information supplied by CLIENT for the design of this report; therefore, IAQ Diagnostics cannot be held responsible for any damages (indirect or consequential) as a result of that misinformation or omissions of information.

Sincerely,

**Indoor Air Quality Diagnostics, Inc.**



Bret Berglund, CHMM

Attachment: SGS Galson Report

Mr. Bret Berglund  
Indoor Air Quality Diagnostics, Inc  
11611 W. North Ave  
Suite 203  
Wauwatosa, WI 53226

April 14, 2022

Account# 27014

Login# L561844

Dear Bret Berglund:

Enclosed are the analytical results for the samples received by our laboratory on April 07, 2022. All samples on the chain of custody were received in good condition unless otherwise noted. Any additional observations will be noted on the chain of custody.

Please contact client services at (888) 432-5227 if you would like any additional information regarding this report. Thank you for using SGS Galson.

Sincerely,

SGS Galson

A handwritten signature in black ink that reads "Lisa Swab". The signature is written in a cursive, flowing style.

Lisa Swab  
Laboratory Director

Enclosure(s)

**Terms and Conditions & General Disclaimers**

- This document is issued by the Company under its General Conditions of Service accessible at <http://www.sgs.com/en/Terms-and-Conditions.aspx>. Attention is drawn to the limitation of liability, indemnification and jurisdiction issues defined therein.
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**Analytical Disclaimers**

- Unless otherwise noted within the report, all quality control results associated with the samples were within established control limits or did not impact reported results.
- Note: The findings recorded within this report were drawn from analysis of the sample(s) provided to the laboratory by the Client (or a third party acting at the Client’s direction). The laboratory does not have control over the sampling process, including but not limited to the use of field equipment and collection media, as well as the sampling duration, collection volume or any other collection parameter used by the Client. The findings herein constitute no warranty of the sample's representativeness of any sampled environment, and strictly relate to the samples as they were presented to the laboratory. For recommended sampling collection parameters, please refer to the Sampling and Analysis Guide at [www.sgsgalson.com](http://www.sgsgalson.com).
- Unrounded results are carried through the calculations that yield the final result and the final result is rounded to the number of significant figures appropriate to the accuracy of the analytical method. Please note that results appearing in the columns preceding the final result column may have been rounded and therefore, if carried through the calculations, may not yield an identical final result to the one reported.
- The stated LOQs for each analyte represent the demonstrated LOQ concentrations prior to correction for desorption efficiency (if applicable).
- Unless otherwise noted within the report, results have not been blank corrected for any field blank or method blank data.

**Accreditations** SGS Galson holds a variety of accreditations and recognitions. Our quality management system conforms with the requirements of ISO/IEC 17025. Where applicable, samples may also be analyzed in accordance with the requirements of ELAP, NELAC, or LELAP under one of the state accrediting bodies listed below. Current Scopes of Accreditation can be viewed at <http://www.sgsgalson.com> in the accreditations section of the "About" page. To determine if the analyte tested falls under our scope of accreditation, please visit our website or call Client Services at (888) 432-5227.

National/International	Accreditation/Recognition	Lab ID#	Program/Sector
AIHA-LAP, LLC - IHLAP, ELLAP, EMLAP	ISO/IEC 17025 and USEPA NLLAP	Lab ID 100324	Industrial Hygiene, Environmental Lead, Environmental Microbiology

State	Accreditation/Recognition	Lab ID#	Program/Sector
New York (NYSDOH)	ELAP and NELAC (TNI)	Lab ID: 11626	Air Analysis, Solid and Hazardous Waste
Louisiana (LDEQ)	LELAP	Lab ID: 04083	Air Analysis, Solid Chemical Materials

**Legend**

< - Less than	mg - Milligrams	MDL - Method Detection Limit	ppb - Parts per Billion
> - Greater than	ug - Micrograms	NA - Not Applicable	ppm - Parts per Million
l - Liters	m3 - Cubic Meters	NS - Not Specified	ppbv - ppb Volume
LOQ - Limit of Quantitation	kg - Kilograms	ND - Not Detected	ppmv - ppm Volume
ft2 - Square Feet	cm2 - Square Centimeters	in2 - Square Inches	ng - Nanograms





# GALSON

## LABORATORY ANALYSIS REPORT

LELAP Lab ID #04083

6601 Kirkville Road  
East Syracuse, NY 13057  
(315) 432-5227  
FAX: (315) 437-0571  
www.sgsgalson.com

Client : Indoor Air Quality Diagnostics, Inc  
Site : GOOD HEALTH SAUNAS  
Project No. : B-I.0038501.0422  
Date Sampled : 04-APR-22  
Date Received : 07-APR-22  
Date Analyzed : 12-APR-22  
Report ID : 1295568  
Account No.: 27014  
Login No. : L561844  
Units : ppbv

Galson ID: Client ID:	LOQ ppbv	L561844-1 GSE3-1	L561844-2 GSE2-1	L561844-3 04422-1
Propylene	5.0	<5.0	<5.0	<5.0
Freon-12	0.80	<0.80	<0.80	<0.80
Chloromethane	0.80	<0.80	<0.80	<0.80
Freon-114	0.80	<0.80	<0.80	<0.80
Vinyl Chloride	0.80	<0.80	<0.80	<0.80
1,3-Butadiene	0.80	<0.80	<0.80	<0.80
n-Butane	0.80	3.3	3.5	5.4
Bromomethane	0.80	<0.80	<0.80	<0.80
Chloroethane	0.80	<0.80	<0.80	<0.80
Acetonitrile	5.0	<5.0	<5.0	<5.0
Vinyl Bromide	0.80	<0.80	<0.80	<0.80
Acrolein	0.80	1.2	1.7	1.1
Acetone	5.0	37	45	30
Freon-11	0.80	<0.80	<0.80	<0.80
Isopropyl Alcohol	5.0	12	<5.0	<5.0
Acrylonitrile	0.80	<0.80	<0.80	<0.80

Analytical Method: mod. OSHA PV2120/mod. EPA TO15; GC/MS  
Collection Media : Mini Can  
Submitted by : AAP

Approved by : BLD  
Date : 14-APR-22

Supervisor: BLD





# GALSON

## LABORATORY ANALYSIS REPORT

LELAP Lab ID #04083

6601 Kirkville Road  
East Syracuse, NY 13057  
(315) 432-5227  
FAX: (315) 437-0571  
www.sgsgalson.com

Client : Indoor Air Quality Diagnostics, Inc  
Site : GOOD HEALTH SAUNAS  
Project No. : B-I.0038501.0422  
  
Date Sampled : 04-APR-22  
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Account No.: 27014  
Login No. : L561844  
Units : ppbv

Galson ID: Client ID:	LOQ ppbv	L561844-1 GSE3-1	L561844-2 GSE2-1	L561844-3 04422-1
Pentane	0.80	77	100	74
Ethyl Bromide	0.80	<0.80	<0.80	<0.80
1,1-Dichloroethene	0.80	<0.80	<0.80	<0.80
tert-Butyl Alcohol	5.0	<5.0	<5.0	<5.0
Methylene Chloride	0.80	<0.80	<0.80	<0.80
Freon-113	0.80	<0.80	<0.80	<0.80
Carbon Disulfide	5.0	<5.0	<5.0	<5.0
Allyl Chloride	0.80	<0.80	<0.80	<0.80
trans-1,2-Dichloroethene	0.80	<0.80	<0.80	<0.80
1,1-Dichloroethane	0.80	<0.80	<0.80	<0.80
Methyl tert-Butyl Ether	0.80	<0.80	<0.80	<0.80
Vinyl Acetate	0.80	<0.80	<0.80	<0.80
Methyl Ethyl Ketone	0.80	3.0	3.0	3.0
cis-1,2-Dichloroethylene	0.80	<0.80	<0.80	<0.80
Hexane	0.80	<0.80	<0.80	<0.80
Ethyl Acetate	0.80	2.9	3.1	3.1

Analytical Method: mod. OSHA PV2120/mod. EPA TO15; GC/MS  
Collection Media : Mini Can  
Submitted by : AAP

Approved by : BLD  
Date : 14-APR-22

Supervisor: BLD





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## LABORATORY ANALYSIS REPORT

LELAP Lab ID #04083

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Client : Indoor Air Quality Diagnostics, Inc  
Site : GOOD HEALTH SAUNAS  
Project No. : B-I.0038501.0422  
  
Date Sampled : 04-APR-22  
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Account No.: 27014  
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Units : ppbv

Galson ID: Client ID:	LOQ ppbv	L561844-1 GSE3-1	L561844-2 GSE2-1	L561844-3 04422-1
Chloroform	0.80	4.2	4.4	4.2
Tetrahydrofuran	0.80	14	14	13
1,2-Dichloroethane	0.80	<0.80	<0.80	<0.80
1,1,1-Trichloroethane	0.80	<0.80	<0.80	<0.80
Benzene	0.80	<0.80	<0.80	<0.80
Carbon Tetrachloride	0.80	<0.80	<0.80	<0.80
Cyclohexane	0.80	<0.80	<0.80	<0.80
1,2-Dichloropropane	0.80	<0.80	<0.80	<0.80
Bromodichloromethane	0.80	<0.80	<0.80	<0.80
1,4-Dioxane	0.80	<0.80	<0.80	<0.80
Trichloroethylene	0.80	<0.80	<0.80	<0.80
2,2,4-Trimethylpentane	0.80	<0.80	<0.80	<0.80
Methyl Methacrylate	0.80	<0.80	<0.80	<0.80
Heptane	0.80	<0.80	<0.80	<0.80
cis-1,3-Dichloropropene	0.80	<0.80	<0.80	<0.80
trans-1,3-Dichloropropene	0.80	<0.80	<0.80	<0.80

Analytical Method: mod. OSHA PV2120/mod. EPA TO15; GC/MS  
Collection Media : Mini Can  
Submitted by : AAP

Approved by : BLD  
Date : 14-APR-22

Supervisor: BLD





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LELAP Lab ID #04083

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Login No. : L561844  
Units : ppbv

Galson ID: Client ID:	LOQ ppbv	L561844-1 GSE3-1	L561844-2 GSE2-1	L561844-3 04422-1
1,1,2-Trichloroethane	0.80	<0.80	<0.80	<0.80
Methyl Isobutyl Ketone	0.80	<0.80	<0.80	<0.80
Toluene	0.80	0.90	<0.80	<0.80
Methyl Butyl Ketone	0.80	<0.80	<0.80	<0.80
Dibromochloromethane	0.80	<0.80	<0.80	<0.80
1,2-Dibromoethane	0.80	<0.80	<0.80	<0.80
Tetrachloroethylene	0.80	<0.80	<0.80	<0.80
Chlorobenzene	0.80	<0.80	<0.80	<0.80
Ethylbenzene	0.80	<0.80	<0.80	<0.80
m & p-Xylene	1.6	<1.6	<1.6	<1.6
Bromoform	0.80	<0.80	<0.80	<0.80
Styrene	0.80	1.8	1.8	1.7
1,1,2,2-Tetrachloroethan	0.80	<0.80	<0.80	<0.80
o-Xylene	0.80	<0.80	<0.80	<0.80
Nonane	0.80	<0.80	<0.80	<0.80
Cumene	0.80	<0.80	<0.80	<0.80

Analytical Method: mod. OSHA PV2120/mod. EPA TO15; GC/MS  
Collection Media : Mini Can  
Submitted by : AAP

Approved by : BLD  
Date : 14-APR-22

Supervisor: BLD





# GALSON

## LABORATORY ANALYSIS REPORT

LELAP Lab ID #04083

6601 Kirkville Road  
East Syracuse, NY 13057  
(315) 432-5227  
FAX: (315) 437-0571  
www.sgsgalson.com

Client : Indoor Air Quality Diagnostics, Inc  
Site : GOOD HEALTH SAUNAS  
Project No. : B-I.0038501.0422  
  
Date Sampled : 04-APR-22  
Date Received : 07-APR-22  
Date Analyzed : 12-APR-22  
Report ID : 1295568

Account No.: 27014  
Login No. : L561844  
Units : ppbv

Galson ID: Client ID:	LOQ ppbv	L561844-1 GSE3-1	L561844-2 GSE2-1	L561844-3 04422-1
2-Chlorotoluene	0.80	<0.80	<0.80	<0.80
n-Propylbenzene	0.80	<0.80	<0.80	<0.80
4-Ethyltoluene	0.80	<0.80	<0.80	<0.80
1,3,5-Trimethylbenzene	0.80	<0.80	<0.80	<0.80
1,2,4-Trimethylbenzene	0.80	0.90	0.90	0.90
Benzyl Chloride	0.80	<0.80	<0.80	<0.80
1,3-Dichlorobenzene	0.80	<0.80	<0.80	<0.80
1,4-Dichlorobenzene	0.80	<0.80	<0.80	<0.80
1,2-Dichlorobenzene	0.80	<0.80	<0.80	<0.80
Naphthalene	0.80	<0.80	<0.80	<0.80

Analytical Method: mod. OSHA PV2120/mod. EPA TO15; GC/MS  
Collection Media : Mini Can  
Submitted by : AAP

Supervisor: BLD  
Approved by : BLD  
Date : 14-APR-22





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Report ID : 1295568

Account No.: 27014  
Login No. : L561844  
Units : ppbv

Galson ID: LOQ L561844-4 L561844-5  
Client ID: ppbv GSE2-2 GSE3-2

Compound	LOQ	L561844-4	L561844-5
Propylene	5.0	<5.0	<5.0
Freon-12	0.80	<0.80	<0.80
Chloromethane	0.80	<0.80	<0.80
Freon-114	0.80	<0.80	<0.80
Vinyl Chloride	0.80	<0.80	<0.80
1,3-Butadiene	0.80	<0.80	<0.80
n-Butane	0.80	3.0	4.8
Bromomethane	0.80	<0.80	<0.80
Chloroethane	0.80	<0.80	<0.80
Acetonitrile	5.0	<5.0	<5.0
Vinyl Bromide	0.80	<0.80	<0.80
Acrolein	0.80	3.4	2.0
Acetone	5.0	41	37
Freon-11	0.80	<0.80	<0.80
Isopropyl Alcohol	5.0	<5.0	<5.0
Acrylonitrile	0.80	<0.80	<0.80

Analytical Method: mod. OSHA PV2120/mod. EPA TO15; GC/MS  
Collection Media : Mini Can  
Submitted by : AAP

Supervisor: BLD  
Approved by : BLD  
Date : 14-APR-22







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Report ID : 1295568

Account No.: 27014  
Login No. : L561844  
Units : ppbv

Galson ID:	LOQ	L561844-4	L561844-5
Client ID:	ppbv	GSE2-2	GSE3-2
Pentane	0.80	86	76
Ethyl Bromide	0.80	<0.80	<0.80
1,1-Dichloroethene	0.80	<0.80	<0.80
tert-Butyl Alcohol	5.0	<5.0	<5.0
Methylene Chloride	0.80	<0.80	<0.80
Freon-113	0.80	<0.80	<0.80
Carbon Disulfide	5.0	<5.0	<5.0
Allyl Chloride	0.80	<0.80	<0.80
trans-1,2-Dichloroethene	0.80	<0.80	<0.80
1,1-Dichloroethane	0.80	<0.80	<0.80
Methyl tert-Butyl Ether	0.80	<0.80	<0.80
Vinyl Acetate	0.80	<0.80	<0.80
Methyl Ethyl Ketone	0.80	4.2	3.7
cis-1,2-Dichloroethylene	0.80	<0.80	<0.80
Hexane	0.80	<0.80	<0.80
Ethyl Acetate	0.80	4.0	3.7

Analytical Method: mod. OSHA PV2120/mod. EPA TO15; GC/MS  
Collection Media : Mini Can  
Submitted by : AAP

Approved by : BLD  
Date : 14-APR-22

Supervisor: BLD





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Date Received : 07-APR-22  
Date Analyzed : 12-APR-22  
Report ID : 1295568

Account No.: 27014  
Login No. : L561844  
Units : ppbv

Galson ID:	LOQ	L561844-4	L561844-5
Client ID:	ppbv	GSE2-2	GSE3-2
Chloroform	0.80	4.0	4.3
Tetrahydrofuran	0.80	17	14
1,2-Dichloroethane	0.80	<0.80	0.90
1,1,1-Trichloroethane	0.80	<0.80	<0.80
Benzene	0.80	<0.80	<0.80
Carbon Tetrachloride	0.80	<0.80	<0.80
Cyclohexane	0.80	<0.80	<0.80
1,2-Dichloropropane	0.80	<0.80	<0.80
Bromodichloromethane	0.80	<0.80	<0.80
1,4-Dioxane	0.80	<0.80	<0.80
Trichloroethylene	0.80	<0.80	<0.80
2,2,4-Trimethylpentane	0.80	<0.80	<0.80
Methyl Methacrylate	0.80	<0.80	<0.80
Heptane	0.80	<0.80	<0.80
cis-1,3-Dichloropropene	0.80	<0.80	<0.80
trans-1,3-Dichloropropene	0.80	<0.80	<0.80

Analytical Method: mod. OSHA PV2120/mod. EPA TO15; GC/MS  
Collection Media : Mini Can  
Submitted by : AAP

Approved by : BLD  
Date : 14-APR-22

Supervisor: BLD





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Site : GOOD HEALTH SAUNAS  
Project No. : B-I.0038501.0422  
  
Date Sampled : 04-APR-22  
Date Received : 07-APR-22  
Date Analyzed : 12-APR-22  
Report ID : 1295568

Account No.: 27014  
Login No. : L561844  
Units : ppbv

Galson ID: Client ID:	LOQ ppbv	L561844-4 GSE2-2	L561844-5 GSE3-2
1,1,2-Trichloroethane	0.80	<0.80	<0.80
Methyl Isobutyl Ketone	0.80	<0.80	<0.80
Toluene	0.80	0.80	1.0
Methyl Butyl Ketone	0.80	<0.80	<0.80
Dibromochloromethane	0.80	<0.80	<0.80
1,2-Dibromoethane	0.80	<0.80	<0.80
Tetrachloroethylene	0.80	<0.80	<0.80
Chlorobenzene	0.80	<0.80	<0.80
Ethylbenzene	0.80	<0.80	<0.80
m & p-Xylene	1.6	<1.6	<1.6
Bromoform	0.80	<0.80	<0.80
Styrene	0.80	2.0	2.8
1,1,2,2-Tetrachloroethan	0.80	<0.80	<0.80
o-Xylene	0.80	<0.80	<0.80
Nonane	0.80	<0.80	<0.80
Cumene	0.80	<0.80	<0.80

Analytical Method: mod. OSHA PV2120/mod. EPA TO15; GC/MS  
Collection Media : Mini Can  
Submitted by : AAP

Approved by : BLD  
Date : 14-APR-22

Supervisor: BLD





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Client : Indoor Air Quality Diagnostics, Inc  
Site : GOOD HEALTH SAUNAS  
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Date Sampled : 04-APR-22  
Date Received : 07-APR-22  
Date Analyzed : 12-APR-22  
Report ID : 1295568

Account No.: 27014  
Login No. : L561844  
Units : ppbv

Galson ID:	LOQ	L561844-4	L561844-5
Client ID:	ppbv	GSE2-2	GSE3-2
2-Chlorotoluene	0.80	<0.80	<0.80
n-Propylbenzene	0.80	<0.80	<0.80
4-Ethyltoluene	0.80	<0.80	<0.80
1,3,5-Trimethylbenzene	0.80	<0.80	<0.80
1,2,4-Trimethylbenzene	0.80	1.0	1.1
Benzyl Chloride	0.80	<0.80	<0.80
1,3-Dichlorobenzene	0.80	<0.80	<0.80
1,4-Dichlorobenzene	0.80	<0.80	<0.80
1,2-Dichlorobenzene	0.80	<0.80	<0.80
Naphthalene	0.80	<0.80	<0.80

Analytical Method: mod. OSHA PV2120/mod. EPA TO15; GC/MS  
Collection Media : Mini Can  
Submitted by : AAP

Supervisor: BLD  
Approved by : BLD  
Date : 14-APR-22





# GALSON

## LABORATORY FOOTNOTE REPORT

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 East Syracuse, NY 13057  
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Client Name : Indoor Air Quality Diagnostics, Inc  
 Site : GOOD HEALTH SAUNAS  
 Project No. : B-I.0038501.0422

Date Sampled : 04-APR-22  
 Date Received: 07-APR-22  
 Date Analyzed: 12-APR-22

Account No.: 27014  
 Login No. : L561844

L561844 (Report ID: 1295568):

NYSDOH does not offer a certification for the following compounds:  
 Propylene, Ethyl Acetate, Tetrahydrofuran, Methyl n-Butyl Ketone, 4-Ethyl Toluene, n-Butane,  
 Pentane, Ethyl Bromide, Nonane, and n-Propylbenzene.  
 SOPs: in-vocs (42)

L561844-1-5 (Report ID: 1295568):

Acetone result may be biased high due to co-elution with 2-methylbutane.

L561844 (Report ID: 1295568):

Accuracy and mean recovery data presented below is based on a 95% confidence interval (k=2). The estimated accuracy applies to the media, technology, and SOP referenced in this report and does not account for the uncertainty associated with the sampling process. The accuracy is based solely on spike recovery data from internal quality control samples. Where N/A appears below, insufficient data is available to provide statistical accuracy and mean recovery values for the associated analyte.

Parameter	Accuracy	Mean Recovery
1,1,2,2-Tetrachloroethane	+/-13.2%	97.2%
1,1,2-Trichloroethane	+/-10.2%	95.7%
1,1-Dichloroethane	+/-12.1%	94.8%
1,1-Dichloroethene	+/-13.1%	95.9%
1,2,4-Trimethylbenzene	+/-15.8%	103%
1,2-Dibromoethane	+/-12.7%	97.9%
1,2-Dichlorobenzene	+/-13.4%	102%
1,2-Dichloroethane	+/-15.2%	96.2%
1,2-Dichloropropane	+/-12.4%	95.2%
1,3,5-Trimethylbenzene	+/-13.7%	101%
1,3-Dichlorobenzene	+/-13.3%	99.8%
1,4-Dichlorobenzene	+/-13.3%	99.8%
2,2,4-Trimethylpentane	+/-12.9%	97.7%
2-Chlorotoluene	+/-13.9%	102%
4-Ethyltoluene	+/-14.3%	103%
Acrolein	+/-19.8%	93.5%
Acrylonitrile	+/-12.8%	96.2%
Allyl Chloride	+/-16%	96.4%
Acetonitrile	+/-16%	96.7%
Acetone	+/-15.2%	97.8%
Bromodichloromethane	+/-11.6%	99.2%
Bromoform	+/-14.7%	101%
1,3-Butadiene	+/-19%	97.1%
n-Butane	+/-19.7%	95.4%
Benzene	+/-12.2%	96.9%
Benzyl Chloride	+/-15%	106%
Carbon Disulfide	+/-11.7%	95.4%





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Client Name : Indoor Air Quality Diagnostics, Inc  
 Site : GOOD HEALTH SAUNAS  
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Date Sampled : 04-APR-22  
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 Date Analyzed: 12-APR-22

Account No.: 27014  
 Login No. : L561844

Carbon Tetrachloride	+/-13.6%	98.2%
cis-1,2-Dichloroethylene	+/-13.5%	97.4%
cis-1,3-Dichloropropene	+/-12.1%	99.8%
Chlorobenzene	+/-12.6%	95.9%
Dibromochloromethane	+/-13.1%	101%
Chloroform	+/-12.4%	95.6%
Cumene	+/-13.6%	99.5%
Cyclohexane	+/-13.5%	101%
1,4-Dioxane	+/-12.1%	101%
Ethyl Acetate	+/-14.8%	95.3%
Ethylbenzene	+/-14.5%	100%
Chloroethane	+/-17%	95.9%
Ethyl Bromide	+/-11.5%	96.1%
Freon-11	+/-13.6%	98.2%
Freon-113	+/-11.3%	94.4%
Freon-114	+/-16.3%	97.4%
Freon-12	+/-16.2%	97.3%
Heptane	+/-14.3%	99.3%
Isopropyl Alcohol	+/-19.8%	96.6%
1,1,1-Trichloroethane	+/-13%	97.1%
Bromomethane	+/-14.6%	95.5%
Chloromethane	+/-19.7%	95.5%
Methylene Chloride	+/-12%	89.8%
Methyl Ethyl Ketone	+/-15.8%	97.5%
Methyl Methacrylate	+/-13.5%	102%
Methyl Isobutyl Ketone	+/-16.5%	99.5%
Methyl Butyl Ketone	+/-16.7%	104%
m & p-Xylene	+/-14.5%	99.4%
Methyl tert-Butyl Ether	+/-15.2%	100%
Naphthalene	+/-20.6%	106%
Hexane	+/-13.4%	98.1%
Nonane	+/-14.7%	102%
n-Propylbenzene	+/-13.6%	101%
o-Xylene	+/-14.8%	99.8%
Propylene	+/-16.7%	95%
Pentane	+/-14.2%	96.3%
Styrene	+/-15%	102%
Trichloroethylene	+/-12.1%	97.3%
tert-Butyl Alcohol	+/-15.6%	99.6%
Tetrachloroethylene	+/-14.3%	96.8%
Tetrahydrofuran	+/-16.2%	98.8%
Toluene	+/-14.5%	98.5%
trans-1,2-Dichloroethene	+/-13.2%	96.2%
trans-1,3-Dichloropropene	+/-12.3%	101%
Vinyl Acetate	+/-20.2%	96.4%







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Account No.: 27014  
Login No. : L561844

---

Vinyl Bromide	+/-11.9%	96.9%
Vinyl Chloride	+/-17.2%	96.9%



776481407909  
 Date: 04/07/22  
 Shipper: FEDEX  
 Initials: OTP



Prep: UNKNOWN

L561844

# GALSON

# CHAIN OF CUSTODY

Turn Around Time (TAT): <input checked="" type="checkbox"/> Standard 0% <input type="checkbox"/> 4 Business Days 35% <input type="checkbox"/> 3 Business Days 50% <input type="checkbox"/> 2 Business Days 75% <input type="checkbox"/> Next Day by 6pm 100% <input type="checkbox"/> Next Day by Noon 150% <input type="checkbox"/> Same Day 200%	(surcharge)	You may edit and complete this COC electronically by logging in to your Client Portal account at <a href="https://portal.galsonlabs.com/">https://portal.galsonlabs.com/</a>		
<input checked="" type="checkbox"/> Samples submitted using the FreePumpLoan™ Program <input type="checkbox"/> Samples submitted using the FreeSamplingBadges™ Program		Client Acct No.: <b>27014</b> Report To: <b>Mr. Bret Berglund</b> Company Name: <b>Indoor Air Quality Diagnostics, Inc</b> Address 1: <b>11611 W. North Ave</b> Address 2: <b>Suite 203</b> City, State Zip: <b>Wauwatosa, WI 53226</b> Phone No.: <b>262 - 227 - 3722</b> Cell No.: Email reports to: <b>bret@iaqdiagnostics.com, georgia@iaqdiagnostics.com</b>	Invoice To: <b>Mr. Bret Berglund</b> Company Name: <b>Indoor Air Quality Diagnostics, Inc</b> Address 1: <b>11611 W. North Ave</b> Address 2: <b>Suite 203</b> City, State Zip: <b>Wauwatosa, WI 53226</b> Phone No.: <b>262 - 227 - 3722</b> Email Address: <b>bret@iaqdiagnostics.com, georgia@iaqdiagnostics.com</b> Comments: P.O. No.: Payment info.: <input type="checkbox"/> I will call SGS Galson to provide credit card info <input checked="" type="checkbox"/> Card on File (enter the last five digits on the line below)	Original Prep No.: <b>PSY648395</b> CS Rep: <b>PGREGORICH</b> Online COC No.: <b>245</b> Comments: <b>Per client, WA931 = GSE2-2, WA881 = GSE3-2, ZRK 4/8/22</b>

Comments: **- Rec'd 2 samples w same ID. GSE3-2. Did not rec' GSE2-2. W #s are WA931 + WA 881. DTP 4/7/22**

State Sampled: \_\_\_\_\_

Please indicate which OEL(s) this data will be used for:  
 OSHA PEL  ACGIH TLV  MSHA  Cal OSHA  
 IAQ: \_\_\_\_\_  Other: \_\_\_\_\_  
 Specify Limit(s) Specify Other

Site Name: **Good Health Services** Project: **B-F.0038501.0422** Sampled By: **Bret Berglund**

List description of industry or Process/interferences present in sampling area: \_\_\_\_\_

Sample ID * (Maximum of 20 Characters)	Date Sampled *	Collection Medium	Sample Volume Sample Time Sample Area *	Liters Minutes in <sup>2</sup> , cm <sup>2</sup> , ft <sup>2</sup> *	Analysis Requested	Method Reference ^	Hexavalent Chromium Process (e.g., welding, plating, painting, etc.)
<b>GSE3-1</b>	<b>4/7/22</b>	<b>Minican, 1 L</b>	<b>1 L</b>		<b>Volatile Organics Profile (TO15 list)</b>	<b>mod. OSHA PV2120/mod. EPA TO15; GC/MS</b>	<b>COI</b>

^ If the method(s) indicated on the COC are not our routine/preferred method(s), we will substitute our routine/preferred methods. If this is not acceptable, check here to have us contact you.

Chain of Custody	Print Name / Signature	Date	Time	Print Name / Signature	Date	Time
Relinquished By:	<i>Bret Berglund</i>	<i>4/7/22</i>	<i>11:30</i>	Received By: <i>Olivia Pine</i>	<i>4/7/22</i>	<i>11:41</i>
Relinquished By:				Received By:		

\* You must fill in these columns for any samples which you are submitting.  
 Samples received after 3pm will be considered as next day's business.

Online COC No.: 245081  
 Prep No.: PSY648395  
 Account No.: 27014  
 Draft: 3/30/2022 11:28:12 AM

All services are rendered in accordance with the applicable SGS General Conditions of Service accessible via: <http://www.sgs.com/en/Terms-and-Conditions.aspx>